

Disclaimer:

I, the undersigned participant in MetaSport training sessions, intending to be legally bound, hereby certify that I have sufficiently trained to take part in organised MetaSport training sessions and that I am physically fit and have not been advised otherwise by a qualified medical person.

I am aware that ocean and pool swimming, cycling and running are potentially hazardous activities in an uncontrolled open course environment and carry with them the potential for serious injury or death.

I hereby agree to assume all risks associated with MetaSport training sessions and all activities incident thereto including, but not limited to: extreme physical exertion; falls; contact with other participants, event equipment, watercraft, vehicular traffic, potentially dangerous animals; the effects of weather and cold water; and travel to and from Metasport training sessions.

I hereby assume all of the risks of participating in MetaSport training sessions. I realize that liability may arise from negligence or carelessness on the part of the entities or persons named below or from dangerous or defective equipment controlled by them.

Having carefully read the above waiver and all risks being known and appreciated by me and in consideration of my participation in Metasport training sessions and all activities incident thereto; I hereby take action for myself and anyone entitled to act on my behalf as follows:

a) waive, release and discharge from any and all liability for my death, disability, personal injury, property theft or actions of any kind however caused which may hereafter accrue to me including my traveling to and from MetaSport training sessions, the following entities or persons: MetaSport officers, directors, employees, volunteers, representatives, agents and sponsors.

b) indemnify and hold harmless the entities or persons mentioned above from any and all liabilities or claims made as a result of participation in MetaSport training sessions, whether caused by negligence or otherwise. I hereby consent to receive medical treatment which may be deemed advisable during MetaSport training sessions and agree to be solely responsible for all costs relating to medical treatment, transportation and/or evacuation. I certify that no representations have been made to me by anyone associated with Metasport concerning the physical condition required of a participant.

c) I release all rights to the use of my name, voice and photographic/electronic image without compensation.

I certify that I agree to all of the terms and conditions stated on this form. I acknowledge that this accident waiver and release of liability contract will be used by Metasport and that it will govern my actions and responsibilities at MetaSport training sessions and shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I have read this entire contract and understand its content without exception.